

# HIPAA Security Standards: Summary

## ADMINISTRATIVE SAFEGUARDS:

1. Security Management
  - a. Risk analysis (**REQUIRED**) - Conduct a security risk assessment for systems utilizing e-PHI.
  - b. Risk Management (**REQUIRED**) – Document risk assessment findings and develop a plan to fix deficiencies in security.
  - c. Sanction policy (**REQUIRED**) – Develop a policy describing the sanctions imposed when persons violate University policy.
  - d. Information System activity review (**REQUIRED**) – Develop and document procedures to monitor system activity audit logs, and regularly review user access reports, and security incident records.
2. Assigned security responsibility (**REQUIRED**) – Designate an individual who is responsible for the security program.
3. Workforce Security
  - a. Authorization and/or supervision (**ADDRESSABLE**) – Develop process and procedure to supervise and/or monitor for unauthorized staff activity.
  - b. Workforce clearance procedures (**ADDRESSABLE**) – Regularly review user access authorizations for applicability, and perform background checks on new staff.
  - c. Termination procedures (**ADDRESSABLE**) – Develop procedures to ensure prompt removal of access rights for terminated staff.
4. Information Access management
  - a. Isolate health care clearinghouse functions (**REQUIRED**) – Not applicable.
  - b. Access authorization (**ADDRESSABLE**) - Document procedures for granting appropriate access to users.
  - c. Access establishment and modification (**ADDRESSABLE**) – Document procedures to review, change access of authorized users as needed.
5. Security awareness and training
  - a. Security reminders (**ADDRESSABLE**) – Provide periodic reminders about security to users.
  - b. Protection from malicious software (**ADDRESSABLE**) – Provide antivirus software to protect assets against malicious software.
  - c. Login monitoring (**ADDRESSABLE**) – Implement a method to monitor login activity to protected systems.
  - d. Password management (**ADDRESSABLE**) – Implement policy and procedure to ensure strong password rules are followed.
6. Security incident procedures
  - a. Response and reporting (**REQUIRED**) – Implement policy and procedure for a computer security incident response capability.
7. Contingency Plan
  - a. Data backup plan (**REQUIRED**) – Develop and document process and procedures for data backup and recovery.
  - b. Disaster Recovery plan (**REQUIRED**) – Develop a disaster recovery plan.
  - c. Emergency mode operation plan (**REQUIRED**) – Document alternative (manual?) procedures for operating in the event of an emergency such as a system outage.
  - d. Testing and revision procedures (**ADDRESSABLE**) – Document the process for review and testing of contingency plans.
  - e. Applications and data criticality analysis (**ADDRESSABLE**) - Perform an assessment of applications and data to determine classification and criticality.
8. Evaluation (**REQUIRED**) – The whole security plan and supporting documentation must be evaluated on a periodic basis.

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### PHYSICAL SAFEGUARDS:

1. Facility Access Controls
  - a. Contingency operations (**ADDRESSABLE**) – Document procedures for allowing facility access in emergency situations.
  - b. Facility Security plan (**ADDRESSABLE**) – Document policies and procedures to safeguard the facility and equipment.
  - c. Access control and validation procedures (**ADDRESSABLE**) – Document the process for authorizing, implementing, and regularly reviewing physical access to facilities which house computer systems.
  - d. Maintenance records (**ADDRESSABLE**) – Document all system and facility security maintenance activities.
2. Workstation Use (**REQUIRED**) – Document policy and procedure regarding the acceptable use of workstations, including authorized functions for locations.
3. Workstation Security (**REQUIRED**) – Physical safeguards to protect workstations used to access e-PHI.
4. Device and Media Controls
  - a. Disposal (**REQUIRED**) – Document policy and procedures for removal of e-PHI from equipment.
  - b. Media Re-Use (**REQUIRED**) – Procedures for removal of e-PHI from media before its reuse.
  - c. Accountability (**ADDRESSABLE**) – Maintain records of hardware & media movement.
  - d. Data backup and storage (**ADDRESSABLE**) - Create an image copy of e-PHI before any movement of equipment.

### TECHNICAL SAFEGUARDS:

1. Access Control
  - a. Unique user identification (**REQUIRED**) – Each user must be individually identifiable.
  - b. Emergency access procedure (**REQUIRED**) – Document procedures for providing emergency access authorization to systems.
  - c. Automatic logoff (**ADDRESSABLE**) – Force an automatic logoff from systems after a certain amount of inactivity.
  - d. Encryption and decryption (**ADDRESSABLE**) – Implement a mechanism to encrypt and decrypt e-PHI.
2. Audit controls (**REQUIRED**) – Implement mechanisms to record and examine activity on systems with e-PHI.
3. Integrity
  - a. Mechanism to authenticate e-PHI (**ADDRESSABLE**) – Implement controls to ensure e-PHI has not been altered or destroyed in an unauthorized manner.
4. Person or entity authentication (**REQUIRED**) – Implement procedures to verify identity before allowing access to e-PHI.
5. Transmission security
  - a. Integrity controls (**ADDRESSABLE**) – Implement security measures to ensure e-PHI is not improperly altered without detection.
  - b. Encryption (**ADDRESSABLE**) – Implement measures to encrypt e-PHI when appropriate.

### ORGANIZATIONAL REQUIREMENTS:

1. Business Associate Contracts or other arrangements, includes subcontractors.
  - a. Business Associate contracts (**REQUIRED**) – Draw up contracts to ensure business associates will implement adequate protections for e-PHI, and will report security incidents to the covered entity.
  - b. Other arrangements (**REQUIRED**) – Similar arrangements for government agencies.

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2. Requirements for group health plans (**REQUIRED**) – Amend group plan documents to ensure adequate protections for e-PHI are implemented, and security incidents are reported.

### **POLICIES, PROCEDURES, AND DOCUMENTATION REQUIREMENTS:**

1. Policies and Procedures (**REQUIRED**) – Implement reasonable and appropriate policy and procedures to comply with the standards.
2. Documentation
  - a. Time Limit (**REQUIRED**) – Maintain documentation for 6 years.
  - b. Availability (**REQUIRED**) – Make documentation available to all affected people.
  - c. Updates (**REQUIRED**) – Review and update all documentation periodically.